

## FOOT CLINIC TREATMENTS

We have combined clinical excellence with an outstanding treatment experience to create a comprehensive range of advanced foot treatments focusing on all aspects of foot health for men and women of all ages. We are the pioneers of cosmetic podiatry with a firm grasp on the end result. Our fully qualified HCPC registered Podiatrists/ Foot Health Specialists and Foot Health Practitioners are equipped with state-of-the-art quality equipment and perform treatments in stylish, private treatment rooms.

**Medical Pedicure**

Performed by a qualified Podiatrist, this treatment includes a comprehensive consultation, diagnosis, and treatment - a complete overhaul addressing all aspects of foot health. This treatment is performed on a dry foot ensuring long-lasting results and will leave you feeling like you're walking on air. A perfect foot treatment and diagnostic tool for advanced treatments, popular with both men and women.

45 mins **£90** | with Senior Podiatrist **£105** | with Principal Podiatrist **£140** | Shellac to follow **£25**  
| Toenail Polish to follow **£15**

**Medical Pedicure Incorporating 3D Scan**

Our world-renowned Medical Pedicure is performed by a qualified Podiatrist and Foot Health Specialist. This offers a thorough consultation, diagnosis, and treatment for comprehensive foot health. Our Medical Pedicure now incorporates a complementary 3D Foot Scan and moulding of the insoles. This recommends products based on individual foot function and needs. A Medical Pedicure is popular with all of our patients and is the perfect option for advanced foot treatments.

55 mins **£90** | with Senior Podiatrist **£105** | with Principal Podiatrist **£140** | Shellac to follow **£25**  
| Toenail Polish to follow **£15**

**Medical Pedicure with Nail Reconstruction**

30 mins **£95** | with Senior Podiatrist **£115** | with Principal Podiatrist **£190** | 20 mins **£50** per nail

**Diabetic Medical Pedicure**

Maintaining outstanding foot health is an essential part of living with diabetes. Our Diabetic Medical Pedicures are performed by our experienced qualified Podiatrists who are expertly trained in caring for diabetic feet. The treatment includes the use of specialist podiatry equipment which enables us to diagnose and provide preventative treatment for neurological and circulatory factors / conditions affecting the diabetic lower limb.

55 mins **£105** | with Senior Podiatrist **£120** | with Principal Podiatrist **£155**

**3D Scan**

This treatment provides a world class in-clinic experience, featuring a personalised foot experience based on a 3D foot analysis and an exclusive range of Custom-Moulded Orthotics, making it a pivotal element of the most comprehensive health-based foot scanning service on the market. It recommends relevant products based on foot function, symptoms, and personalised needs. If you purchase our custom-made insoles, the service fee will be deducted.

15 mins **£50** | Custom-Moulded Orthotics **£175**

**Biomechanical Assessment**

A full foot and leg assessment carried out by the Podiatrist using the latest evidence based scanning technology, highlighting pressure points and arch height. This assessment includes muscle, joint and range of movement and motion testing. This process leads to the production of custom-made orthotics to support the feet and aid gait related problems in the back, hips, knees, and ankles.

45 mins **£90** | with Senior Podiatrist **£105** | with Principal Podiatrist **£145** | with Biomechanical Specialist **£190** | Custom-Moulded Orthotics **£175** | Prescription Orthotics from **£440**

**Laser Consultation for Fungal Nails with Instant Nail Pathology**

The laser consultation is an in-depth discussion with a Foot Health Specialist / qualified Podiatrist, skilled in understanding, diagnosing, and recommending your suitability for the laser treatment.

30 mins **£95** | with Senior Podiatrist **£115** | with Principal Podiatrist **£130** | with Laboratory Nail Pathology **£115** | with Senior Podiatrist **£135** | with Principal Podiatrist **£145**

**Laser Nail Fungal Treatment**

Eradicate nail fungus with the Margaret Dabbs® London Laser Nail Fungal Treatment, an exclusively designed laser to treat foot conditions.

Prices range from **£175 - £300**

**Swift Therapy**

A cutting-edge treatment for verrucae that uses advanced microwave technology to treat plantar warts (verrucae) effectively. This clinically proven solution is designed to boost the body's immune response, targeting the virus responsible for the verruca while leaving the surrounding skin unharmed, without anaesthetic or downtime.

With Medical Pedicure **£100** | 15 mins **£150**

**Laser Verruca Treatment**

Prices range from **£175 - £250** |

Dry Needling procedure prices start from **£280**

Topical Verruca Treatments 20 mins **£65** | with Senior Podiatrist **£75** | with Principal Podiatrist **£90** | Laser treatment prices start from **£175 - £250**

**Lower Level Laser Therapy**

A quick, pain free treatment with long lasting benefits. Treatment for plantar fasciitis, ligament and joint pain, bunion inflammation, common foot pain and pre / post-surgery care.

Prices range from **£65 - £140**

**Ultrasound Diagnostic Therapy**

Our ultrasound (US) diagnostic scans of the feet and ankles are used to support the physical biomechanical examinations we undertake with you.

Prices start from **£100 - 30 mins**

**Corticoid Steroid Injections**

Corticosteroid injections are used to treat painful areas of the foot which lead to inflammation and swelling. Due to the complex structure of the foot and the way it works, it is very easy to agitate the smooth functioning of the foot.

Prices start from **£250 - 30 mins**

**Active Toenail Brace**

Provides an innovative method for correcting all types of ingrown and involuted nails.

20 mins **£195** | with Senior Podiatrist **£215** | with Principal Podiatrist **£225**

**Bunion Prevention Therapy**

45 mins **£90** | with Senior Podiatrist **£105** | with Principal Podiatrist **£140**

**Ingrown Toenail Surgery**

Prices start from **£400 - £800**

## NAIL SPA TREATMENTS

Let us keep you looking groomed and polished - whether it's a night out, a work event or day to day grooming - with our unique, expert anti-ageing manicures with treatment gloves, and our outstandingly effective beauty pedicures, our nail spa treatments are the best in the business.

**Supreme Manicure with Treatment Gloves**

Our unique, anti-ageing expert manicure with Luxury Treatment Gloves to treat the back of the hands, gives long-lasting results and deep hydration, with the indulgence of the full range of Margaret Dabbs® London Fabulous Hands professionally formulated products. Performed on dry skin with expert techniques to medical standards of hygiene by utilising sterilised, single-use tools created by Margaret Dabbs OBE to provide optimum results. The manicure finishes with a beautiful creamy scrub and a relaxing hand and lower arm massage, simply the best, most thorough manicure you can find.

50 mins **£63** | with Shellac 60 mins **£73** | Shellac/Gel removal 20 mins **£15**

**AstreaNatura™ LED Hand Mitts**

Experience AstreaNatura™, a revolutionary hand treatment device that uses powerful red and green light therapy to help reduce pigmentation, fine lines, and soothe chapped and irritated skin revealing improved skin health, and a radiant and more youthful appearance.

20 mins **£20**

**Supreme Pedicure**

Our outstanding signature pedicure treatment, giving long-lasting results, with the indulgence of a Margaret Dabbs® London Fabulous Feet professionally formulated products. Finishing with an exfoliation, reviving foot soak, and a revitalising, hydrating foot massage.

55 mins **£68** | with Shellac **£83**

**Express Manicure**

35 mins **£48** | with Shellac **£58**

**Express Pedicure**

40 mins **£53** | with Shellac **£68**

**Shellac/Gel Removal**

20 mins **£15**

**Male Supreme Manicure with Treatment Gloves**

40 mins **£50**

**Male Express Manicure**

25 mins **£35**

**Male Supreme Pedicure**

50 mins **£60**

**Male Express Pedicure**

35 mins **£48**

## MASSAGES &amp; DETOX BATHS

**Foot Massage**

A luxurious treat, enjoy a stress relieving, indulgent foot massage, guaranteed to refresh tired, overworked feet.

20 mins **£28** | 30 mins **£38**

**Foot Massage & Detox Bath with Exfoliation**

A luxurious treat, enjoy a stress relieving, indulgent foot massage, with a Detox Bath and gentle yet effective exfoliation, which will deliver immediate relief to inflamed, aching, tired feet and ankles, and leave your skin feeling silky and smooth.

40 mins **£50** | 50 mins **£60**

**Detox Bath with Exfoliation**

Add a Detox Bath to your treatment to add another layer of relaxation and deliver immediate relief to inflamed, aching, tired feet and ankles, finishing with an exfoliating scrub to leave your feet feeling soft, silky and light.

20 mins **£25**

## CANCELLATION POLICY

We operate a 24 hour cancellation policy and require 24 hours notice to re-arrange or cancel an appointment.

The Margaret Dabbs® London store and first venture away from medical consulting rooms, our Marylebone Clinic, was born at the very end of 2008. With High Street visibility and the first time that Margaret introduced beauty care, there came an emergence of a new standard of treatment protocol and an extensive offering of advanced foot treatments with fully qualified HCPC registered Podiatrists.



## OPENING HOURS

Monday to Saturday **9:00am - 6:30pm**

Sunday **11:45am - 6:00pm**

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