



## FOOT CLINIC TREATMENTS

We have combined clinical excellence with an outstanding treatment experience to create a comprehensive range of advanced foot treatments focusing on all aspects of foot health for men and women of all ages. We are the pioneers of cosmetic podiatry with a firm grasp on the end result. Our fully qualified HCPC registered Podiatrists/ Foot Health Specialists and Foot Health Practitioners are equipped with state-of-the-art quality equipment and perform treatments in stylish, private treatment rooms.

### Medical Pedicure

Performed by a qualified Podiatrist, this treatment includes a comprehensive consultation, diagnosis, and treatment - a complete overhaul addressing all aspects of foot health. This treatment is performed on a dry foot ensuring long-lasting results and will leave you feeling like you're walking on air. A perfect foot treatment and diagnostic tool for advanced treatments, popular with both men and women.

45 mins £90 | with Senior Podiatrist £105 | with Principal Podiatrist £140 | Shellac to follow £25 | Toenail Polish to follow £15

### Medical Pedicure Incorporating 3D Scan

Our world-renowned Medical Pedicure is performed by a qualified Podiatrist and Foot Health Specialist. This offers a thorough consultation, diagnosis, and treatment for comprehensive foot health. Our Medical Pedicure now incorporates a complementary 3D Foot Scan and moulding of the insoles. This recommends products based on individual foot function and needs. A Medical Pedicure is popular with all of our patients and is the perfect option for advanced foot treatments.

55 mins £90 | with Senior Podiatrist £105 | with Principal Podiatrist £140 | Shellac to follow £25 | Toenail Polish to follow £15

### Medical Pedicure with Nail Reconstruction

30 mins £95 | with Senior Podiatrist £115 | with Principal Podiatrist £190 | 20 mins £50 per nail

### 3D Scan

This treatment provides a world class in-clinic experience, featuring a personalised foot experience based on a 3D foot analysis and an exclusive range of Custom-Moulded Orthotics, making it a pivotal element of the most comprehensive health-based foot scanning service on the market. It recommends relevant products based on foot function, symptoms, and personalised needs. If you purchase our custom-made insoles, the service fee will be deducted.

15 mins £50 | Custom-Moulded Orthotics £175

### Biomechanical Assessment

A full foot and leg assessment carried out by the Podiatrist using the latest evidence based scanning technology, highlighting pressure points and arch height. This assessment includes muscle, joint and range of movement and motion testing. This process leads to the production of custom-made orthotics to support the feet and aid gait related problems in the back, hips, knees, and ankles.

45 mins £90 | with Senior Podiatrist £105 | with Principal Podiatrist £145 | with Biomechanical Specialist £190 | Custom-Moulded Orthotics £175 | Prescription Orthotics from £440

### Laser Consultation for Fungal Nails with Instant Nail Pathology

The laser consultation is an in-depth discussion with a Foot Health Specialist / qualified Podiatrist, skilled in understanding, diagnosing, and recommending your suitability for the laser treatment.

30 mins £95 | with Senior Podiatrist £115 | with Principal Podiatrist £130 | with Laboratory Nail Pathology £115 | with Senior Podiatrist £135 | with Principal Podiatrist £145

### Laser Nail Fungal Treatment

Eradicate nail fungus with the Margaret Dabbs® London Laser Nail Fungal Treatment, an exclusively designed laser to treat foot conditions.

Prices range from £175 - £300

### Swift Therapy

A cutting-edge treatment for verrucae that uses advanced microwave technology to treat plantar warts (verrucae) effectively. This clinically proven solution is designed to boost the body's immune response, targeting the virus responsible for the verruca while leaving the surrounding skin unharmed, without anaesthetic or downtime.

With Medical Pedicure £100 | 15 mins £150

### Laser Verruca Treatment

Prices range from £175 - £250 |

Dry Needling procedure prices start from

Topical Verruca Treatments 20 mins £65 | with Senior Podiatrist £75 | with Principal Podiatrist £90 | Laser treatment prices start from £175 - £250

### Lower Level Laser Therapy

A quick, pain free treatment with long lasting benefits. Treatment for plantar fasciitis, ligament and joint pain, bunion inflammation, common foot pain and pre / post-surgery care.

Prices range from £65 - £140

### Ultrasound Diagnostic Therapy

Our ultrasound (US) diagnostic scans of the feet and ankles are used to support the physical biomechanical examinations we undertake with you.

Prices start from £100 - 30 mins

### Corticoid Steroid Injections

Corticosteroid injections are used to treat painful areas of the foot which lead to inflammation and swelling. Due to the complex structure of the foot and the way it works, it is very easy to agitate the smooth functioning of the foot.

Prices start from £250 - 30 mins

### Active Toenail Brace

Provides an innovative method for correcting all types of ingrown and involuted nails.

20 mins £195 | with Senior Podiatrist £215 | with Principal Podiatrist £225

### Bunion Prevention Therapy

45 mins £90 | with Senior Podiatrist £105 | with Principal Podiatrist £140

### Ingrown Toenail Surgery

Prices start from £400 - £800



## NAIL SPA TREATMENTS

Let us keep you looking groomed and polished - whether it's a night out, a work event or day to day grooming - with our unique, expert anti-ageing manicures with treatment gloves, and our outstandingly effective beauty pedicures, our nail spa treatments are the best in the business.

### Supreme Manicure with Treatment Gloves

Our unique, anti-ageing expert manicure with Luxury Treatment Gloves to treat the back of the hands, gives long-lasting results and deep hydration, with the indulgence of the full range of Margaret Dabbs® London Fabulous Hands professionally formulated products. Performed on dry skin with expert techniques to medical standards of hygiene by utilising sterilised, single-use tools created by Margaret Dabbs OBE to provide optimum results. The manicure finishes with a beautiful creamy scrub and a relaxing hand and lower arm massage, simply the best, most thorough manicure you can find.

50 mins £63 | with Shellac 60 mins £73 | Shellac/Gel removal 20 mins £15

### AstreaNatura™ LED Hand Mitts

Experience AstreaaNatura™, a revolutionary hand treatment device that uses powerful red and green light therapy to help reduce pigmentation, fine lines, and soothe chapped and irritated skin revealing improved skin health, and a radiant and more youthful appearance.

20 mins £20

### Supreme Pedicure

Our outstanding signature pedicure treatment, giving long-lasting results, with the indulgence of the full range of Margaret Dabbs® London Fabulous Feet professionally formulated products. Finishing with an exfoliation, reviving foot soak, and a revitalising, hydrating foot massage.

55 mins £68 | with Shellac £83

**Express Manicure** 35 mins £48 | with Shellac £58

**Express Pedicure** 40 mins £53 | with Shellac £68

**Shellac/Gel Removal** 20 mins £15

**Male Supreme Manicure with Treatment Gloves** 40 mins £50

**Male Express Manicure** 25 mins £35

**Male Supreme Pedicure** 50 mins £60

**Male Express Pedicure** 35 mins £48

## REFLEXOLOGY

AVAILABLE TUESDAYS, 11:00AM - 7:00PM

### Five Elements Reflexology

A holistic therapy combining traditional reflexology with Chinese foot massage and acupressure to support deep relaxation, emotional balance and relief from a range of physical symptoms.

75 mins (first visit) £105 | 50 mins (follow-up) £95

### Reflexology for Cancer and Supportive Care

Supports clients undergoing or recovering from serious illness by easing pain, nausea, fatigue, peripheral neuropathy and stress.

75 mins (first visit) £105 | 50 mins (follow-up) £95

### Holistic Life Coaching

For clients looking to improve health, overcome personal challenges, or shift into a more balanced and fulfilled life. Coaching sessions are designed to unlock potential, improve mindset and restore equilibrium.

50 mins £105

## SLIMMING LEG TREATMENTS

### Relieving & Toning Black Leg Masque Treatment

This outstanding, time reactive Black Leg Masque Treatment is designed to relieve the feeling of heavy, uncomfortable legs. It works to help stimulate the circulation, as well as soothing, firming and cooling the skin. The products contain the key ingredients of Legance™ to help reduce water retention and refine the adipose tissue and V-Tonic complex to aid circulation and act as a venous decongestant and vasoconstrictor.

70 mins £95

### Illuminating & Refining Yellow Leg Masque Treatment

Created to illuminate, brighten, revive, and refine the appearance of the legs while also working to improve circulation and skin complexion. The Yellow Leg Masque illuminates the skin, helps to alleviate venous decongestion, evens out the complexion and deeply hydrates the skin. Finishing with the Refining Glow Spray with V-Tonic Complex to aid circulation, acting as a venous decongestant and vasoconstrictor, and Argan Oil and Sweet Almond Oil, both rich in vitamins and essential fatty acids.

60 mins £80

## MASSAGES & DETOX BATHS

### Foot Massage

A luxurious treat, enjoy a stress relieving, indulgent foot massage, guaranteed to refresh tired, overworked feet.

20 mins £28 | 30 mins £38

### Foot Massage & Detox Bath with Exfoliation

A luxurious treat, enjoy a stress relieving, indulgent foot massage, with a Detox Bath and gentle yet effective exfoliation, which will deliver immediate relief to inflamed, aching, tired feet and ankles, and leave your skin feeling silky and smooth.

40 mins £50 | 50 mins £60

### Detox Bath with Exfoliation

Add a Detox Bath to your treatment to add another layer of relaxation and deliver immediate relief to inflamed, aching, tired feet and ankles, finishing with an exfoliating scrub to leave your feet feeling soft and refreshed.

20 mins £25

### Body Massage

This bespoke massage treatment uses aromatherapy oils tailored to each individual's needs, drawing from both Eastern and Western Massage and Thermotherapy techniques to help balance the body, ease aching muscles, and clear the mind - focus points & pressure bespoke to each appointment.

30 mins £45 | 45 mins £55 | 60 mins £90 | 90 mins £135

### Hot Stone Massage

This massage relaxes and eases tense muscles and damaged soft tissues throughout your body.

60 mins £105 | 90 mins £140

## BEAUTY TREATMENTS

Margaret Dabbs® London offers its customers the opportunity to experience a wide range of first-class generic beauty treatments under one roof. These are all performed in stylish private treatment rooms and include full body waxing, threading and shaping, brow and lash tinting.

### Waxing

Eyebrows	£20
Lip/Chin	£15
Full Face	£30
Under Arm	£22
Half Arm	£22
Full Arm	£30
Bikini	£22
Extended Bikini	£35
Brazilian	£50
Hollywood	£55
Half Leg	£32
Full Leg	£48
Chest	£48
Back	£48

### Threading & Tinting

Eyebrows	£25
Upper Lip	£15
Lower Lip	£10
Chin	£20
Sides of face	£15
Cheeks	£15
Forehead	£15
Brow Shape and Upper Lip	£38
Brow Shape, Upper Lip and Chin	£48
Whole Face Including Brows	£75
Whole Face Excluding Brows	£60
Eye Brow Tint*	£20
Eye Lash Tint*	£25

### Lash Lift\*

60 mins | £54

### Brow Lamination\*

35 mins | £42

### Brow Lamination, Shape & Tint\*

65 mins | £72

### Brow Lamination & Lash Lift (Only)\*

80 mins | £96

### Brow Lamination, Lash Lift including Shape & Tint\*

125 mins | £144

\*Patch test is required 48 hours in advance.

### CANCELLATION POLICY

We operate a 24 hour cancellation policy and require 24 hours notice to re-arrange or cancel an appointment.

Bringing Margaret Dabbs® London expertise to John Lewis & Partners with a unique offering of foot clinic treatments, beauty manicure and pedicure treatments, full body massages, waxing, threading, brow & lash tinting, and lash lifting. Enjoy the Margaret Dabbs® London experience in a beautifully relaxing, stylish, and luxurious ambient.

### OPENING HOURS

Monday to Saturday 10:00am – 7:00pm  
Sunday 12:00pm – 6:00pm

T: +44 (0) 20 3989 2631  
E: johnlewis@margaretadabbs.co.uk

First Floor, John Lewis & Partners, Westfield, Ariel Way  
Shepherd's Bush, London, W12 7GF