

## FOOT CLINIC TREATMENTS

We have combined clinical excellence with an outstanding treatment experience to create a comprehensive range of advanced foot treatments focusing on all aspects of foot health for men and women of all ages. We are the pioneers of cosmetic podiatry with a firm grasp on the end result. Our fully qualified HCPC registered Podiatrists/ Foot Health Specialists and Foot Health Practitioners are equipped with state-of-the-art quality equipment and perform treatments in stylish, private treatment rooms.

### Medical Pedicure

Performed by a qualified Podiatrist, this treatment includes a comprehensive consultation, diagnosis, and treatment - a complete overhaul addressing all aspects of foot health. This treatment is performed on a dry foot ensuring long-lasting results and will leave you feeling like you're walking on air. A perfect foot treatment and diagnostic tool for advanced treatments, popular with both men and women.

45 mins £90 | with Senior Podiatrist £105 | with Principal Podiatrist £140 | Shellac to follow £25 | Toenail Polish to follow £15

### Medical Pedicure with Nail Reconstruction

30 mins £95 | with Senior Podiatrist £115 | with Principal Podiatrist £190 | 20 mins £50 per nail

### Diabetic Medical Pedicure

Maintaining outstanding foot health is an essential part of living with diabetes. Our Diabetic Medical Pedicures are performed by our experienced qualified Podiatrists who are expertly trained in caring for diabetic feet. The treatment includes the use of specialist podiatry equipment which enables us to diagnose and provide preventative treatment for neurological and circulatory factors / conditions affecting the diabetic lower limb.

55 mins £105 | with Senior Podiatrist £120 | with Principal Podiatrist £155

### Luxury Medical Pedicure with a Foot Health Practitioner

An upgrade from a cosmetic pedicure, it is thorough, addresses the foot as a whole and is perfect for both men and women. The Luxury Medical Pedicure utilizes single use, fully sterilized surgical instruments and it is performed by a qualified Foot Health Specialist. It combines the thoroughness of the Medical Pedicure with the relaxation of the nail salon pedicure. The treatment includes a full foot overhaul, to include removal of hard skin and callus, shaping of toenails, a creamy foot scrub and a revitalizing foot massage.

55 mins £85

### Biomechanical Assessment

A full foot and leg assessment carried out by the Podiatrist using the latest evidence based scanning technology, highlighting pressure points and arch height. This assessment includes muscle, joint and range of movement and motion testing. This process leads to the production of custom-made orthotics to support the feet and aid gait related problems in the back, hips, knees, and ankles.

45 mins £90 | with Senior Podiatrist £105 | with Principal Podiatrist £145 | with Biomechanical Specialist £190 | Custom-Moulded Orthotics £175 | Prescription Orthotics from £440

### Laser Consultation for Fungal Nails with Instant Nail Pathology

The laser consultation is an in-depth discussion with a Foot Health Specialist / qualified Podiatrist, skilled in understanding, diagnosing, and recommending your suitability for the laser treatment.

30 mins £95 | with Senior Podiatrist £115 | with Principal Podiatrist £130 | with Laboratory Nail Pathology £115 | with Senior Podiatrist £135 | with Principal Podiatrist £145

### Laser Nail Fungal Treatment

Eradicate nail fungus with the Margaret Dabbs® London Laser Nail Fungal Treatment, an exclusively designed laser to treat foot conditions.

Prices range from £175 - £300

### Laser Verruca Treatment

Prices range from £175 - £250 |

Dry Needling procedure prices start from

Topical Verruca Treatments 20 mins £65 | with Senior Podiatrist £75 | with Principal Podiatrist £90 | Laser treatment prices start from £175 - £250

### Lower Level Laser Therapy

A quick, pain free treatment with long lasting benefits. Treatment for plantar fasciitis, ligament and joint pain, bunion inflammation, common foot pain and pre / post-surgery care.

Prices range from £65 - £140

### Ultrasound Diagnostic Therapy

Our ultrasound (US) diagnostic scans of the feet and ankles are used to support the physical biomechanical examinations we undertake with you.

Prices start from £100 – 30 mins

### Corticoid Steroid Injections

Corticosteroid injections are used to treat painful areas of the foot which lead to inflammation and swelling. Due to the complex structure of the foot and the way it works, it is very easy to agitate the smooth functioning of the foot.

Prices start from £250 – 30 mins

### Active Toenail Brace

Provides an innovative method for correcting all types of ingrown and involuted nails.

20 mins £195 | with Senior Podiatrist £215 | with Principal Podiatrist £225

### Bunion Prevention Therapy

45 mins £90 | with Senior Podiatrist £105 | with Principal Podiatrist £140

### Ingrown Toenail Surgery

Prices start from £400 – £800

## NAIL SPA TREATMENTS

Let us keep you looking groomed and polished - whether it's a night out, a work event or day to day grooming - with our unique, expert anti-ageing manicures with treatment gloves, and our outstandingly effective beauty pedicures, our nail spa treatments are the best in the business.

### Supreme Manicure with Treatment Gloves

Our unique, anti-ageing expert manicure with Luxury Treatment Gloves to treat the back of the hands, gives long-lasting results and deep hydration, with the indulgence of the full range of Margaret Dabbs® London Fabulous Hands professionally formulated products. Performed on dry skin with expert techniques to medical standards of hygiene by utilising sterilised, single-use tools created by Margaret Dabbs OBE to provide optimum results. The manicure finishes with a beautiful creamy scrub and a relaxing hand and lower arm massage, simply the best, most thorough manicure you can find.

50 mins £63 | with Shellac 60 mins £73 | Shellac/Gel removal 20 mins £15

### AstreaNatura™ LED Hand Mitts

Experience AstreaNatura™, a revolutionary hand treatment device that uses powerful red and green light therapy to help reduce pigmentation, fine lines, and soothe chapped and irritated skin revealing improved skin health, and a radiant and more youthful appearance.

20 mins £20

### Supreme Pedicure

Our outstanding signature pedicure treatment, giving long-lasting results, with the indulgence of the full range of Margaret Dabbs® London Fabulous Feet professionally formulated products. Finishing with an exfoliation, reviving foot soak, and a revitalising, hydrating foot massage.

55 mins £68 | with Shellac £83

**Express Manicure** 35 mins £48 | with Shellac £58

**Express Pedicure** 40 mins £53 | with Shellac £68

**Shellac/Gel Removal** 20 mins £15

**Male Supreme Manicure with Treatment Gloves** 40 mins £50

**Male Express Manicure** 25 mins £35

**Male Supreme Pedicure** 50 mins £60

**Male Express Pedicure** 35 mins £48

## MASSAGES & DETOX BATHS

### Foot Massage

A luxurious treat, enjoy a stress relieving, indulgent foot massage, guaranteed to refresh tired, overworked feet.

20 mins £28 | 30 mins £38

### Foot Massage & Detox Bath with Exfoliation

A luxurious treat, enjoy a stress relieving, indulgent foot massage, with a Detox Bath and gentle yet effective exfoliation, which will deliver immediate relief to inflamed, aching, tired feet and ankles, and leave your skin feeling silky and smooth.

40 mins £50 | 50 mins £60

### Detox Bath with Exfoliation

Add a Detox Bath to your treatment to add another layer of relaxation and deliver immediate relief to inflamed, aching, tired feet and ankles, finishing with an exfoliating scrub to leave your feet feeling soft and refreshed.

20 mins £25

### CANCELLATION POLICY

We operate a 24 hour cancellation policy and require 24 hours notice to re-arrange or cancel an appointment.

The success of the Margaret Dabbs® London Brand and its reputation for excellence led to the opening of the Sole Spa at Liberty in early 2011. The Margaret Dabbs® London Sole Spa at Liberty London forms the perfect partnership between Margaret Dabbs® London and the Liberty brand that is recognised and loved all over the world. The clinic has flourished in this time and has recently relocated to the larger space on the 3rd floor of the store and offers an extensive selection of advanced foot clinic treatments and beauty manicures and pedicures performed by nail technicians who are the best in the business.



### OPENING HOURS

Monday to Saturday 10.00am – 7:00pm  
Sunday 11:30am – 6:00pm

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