



## FOOT CLINIC TREATMENTS

We have combined clinical excellence with an outstanding treatment experience to create a comprehensive range of advanced foot treatments focusing on all aspects of foot health for men and women of all ages. We are the pioneers of cosmetic podiatry with a firm grasp on the end result. Our fully qualified HCPC registered Podiatrists are equipped with state-of-the-art quality equipment and perform treatments in stylish, private treatment rooms.

### Medical Pedicure

Performed by an HCPC registered Podiatrist, this treatment includes a comprehensive consultation, diagnosis, and treatment - a complete overhaul addressing all aspects of foot health. This treatment is performed on a dry foot ensuring long-lasting results and will leave you feeling like you're walking on air. A perfect foot treatment and diagnostic tool for advanced treatments, popular with both men and women.

45 mins **£85** | with Senior Podiatrist **£100** | with Principal Podiatrist **£135** | Shellac to follow **£25** | Toenail Polish to follow **£15**

### Medical Pedicure Incorporating 3D Scan

Our world-renowned Medical Pedicure is performed by an HCPC registered Podiatrist. This offers a thorough consultation, diagnosis, and treatment for comprehensive foot health. Our Medical Pedicure now incorporates a 3D Foot Scan and moulding of the insoles. This recommends products based on individual foot function and needs. A Medical Pedicure is popular with all of our patients and is the perfect option for advanced foot treatments.

45 mins **£85** | with Senior Podiatrist **£100** | with Principal Podiatrist **£135** | Shellac to follow **£25** | Toenail Polish to follow **£15**

### 3D Scan

This treatment provides a world class in-clinic experience, featuring a personalised foot experience based on a 3D foot analysis and an exclusive range of Custom-Moulded Orthotics, making it a pivotal element of the most comprehensive health-based foot scanning service on the market. It recommends relevant products based on foot function, symptoms, and personalised needs. If you purchase our custom-made insoles, the service fee will be deducted.

15 mins **£50**

### Diabetic Medical Pedicure

Maintaining outstanding foot health is an essential part of living with diabetes. Our Diabetic Medical Pedicures are performed by our experienced HCPC registered Podiatrists who are expertly trained in caring for diabetic feet. The treatment includes the use of specialist podiatry equipment which enables us to diagnose and provide preventative treatment for neurological and circulatory factors / conditions affecting the diabetic lower limb.

55 mins **£100** | with Senior Podiatrist **£115** | with Principal Podiatrist **£155**

### Biomechanical Assessment

A full foot and leg assessment carried out by the podiatrist using the latest evidence based scanning technology, highlighting pressure points and arch height. This assessment includes muscle, joint and range of movement and motion testing. This process leads to the production of custom-made orthotics to support the feet and aid gait related problems in the back, hips, knees, and ankles.

45 mins **£85** | with Senior Podiatrist **£100** | with Principal Podiatrist **£135** | with Biomechanical Specialist **£160** - Prescription Orthotics from **£440**

### Laser Consultation with Instant Nail Pathology

The laser consultation is an in-depth discussion with a qualified Podiatrist, skilled in understanding, diagnosing, and recommending your suitability for the laser treatment.

30 mins **£90** | with Senior Podiatrist **£110** | with Principal Podiatrist **£120**



### Lower Level Laser Therapy

A quick, pain free treatment with long lasting benefits. Treatment for plantar fasciitis, ligament and joint pain, bunion inflammation, common foot pain and pre / post-surgery care.

Prices range from **£60** - **£105**

### Laser Nail Fungal Treatment

Eradicate nail fungus with the Margaret Dabbs® London Laser Nail Fungal Treatment, an exclusively designed laser to treat foot conditions.

Prices range from **£175** - **£300**

### Ultrasound Diagnostic Therapy

Our ultrasound (US) diagnostic scans of the feet and ankles are used to support the physical biomechanical examinations we undertake with you.

Prices start from **£100** – 30 mins

### Corticoid Steroid Injections

Corticosteroid injections are used to treat painful areas of the foot which lead to inflammation and swelling. Due to the complex structure of the foot and the way it works, it is very easy to agitate the smooth functioning of the foot.

Prices start from **£250** – 30 mins

### Ingrown Toenail Surgery

Prices range from **£400** - **£800**

### Bunion Prevention Therapy

45 mins **£85**  
with Senior Podiatrist **£100**  
with Principal Podiatrist **£130**

### Verruca Treatment

30 mins **£60**  
with Senior Podiatrist **£75**  
with Principal Podiatrist **£80**  
Laser treatment prices start from **£175** - **£250**  
Dry Needling procedure prices start from **£320**

### Medical Nail Reconstruction

30 mins **£90**  
with Senior Podiatrist **£110**  
with Principal Podiatrist **£120**  
20 mins **£50 per nail**

## NAIL SPA TREATMENTS

Let us keep you looking groomed and polished - whether it's a night out, a work event or day to day grooming - with our unique, expert anti-ageing manicures with treatment gloves, and our outstandingly effective beauty pedicures, our nail spa treatments are the best in the business.

### Supreme Manicure with Treatment Gloves

Our unique, anti-ageing expert manicure with Luxury Treatment Gloves to treat the back of the hands, gives long-lasting results and deep hydration, with the indulgence of the full range of Margaret Dabbs® London Fabulous Hands professionally formulated products. Performed on dry skin with expert techniques to medical standards of hygiene by utilising sterilised, single-use tools created by Margaret Dabbs OBE to provide optimum results. The manicure finishes with a beautiful creamy scrub and a relaxing hand and lower arm massage, simply the best, most thorough manicure you can find.

50 mins **£55** | with Shellac **£60** | Shellac/Gel removal 20 mins **£15** | Complimentary for returning clients

### Supreme Pedicure

Our luxury Supreme Pedicure is an outstanding treatment which transforms the feet to give you feet that look and feel brand new. Results driven products and tools transform the skin of the feet and the condition of the toenails. Finishing with an exfoliation, reviving foot soak, and a revitalising, hydrating foot massage. Feet are left looking renewed and younger, soft, silky, illuminated and light.

55 mins **£55** | with Shellac **£65**

**Express Manicure** 35 mins **£35** | with Shellac **£45**

**Express Pedicure** 40 mins **£45** | with Shellac **£55**

**Shellac/Gel Removal** 20 mins **£15** | Complimentary for returning clients

**Male Supreme Manicure with Treatment Gloves** 40 mins **£40**

**Male Express Manicure** 25 mins **£25**

**Male Supreme Pedicure** 50 mins **£55**

**Male Express Pedicure** 35 mins **£40**

## SLIMMING LEG TREATMENTS

### Relieving & Toning Black Leg Masque Treatment

This outstanding, time reactive Black Leg Masque Treatment is designed to relieve the feeling of heavy, uncomfortable legs. It works to help stimulate the circulation, as well as soothing, firming and cooling the skin. The products contain the key ingredients of Legance™ to help reduce water retention and refine the adipose tissue and V-Tonic complex to aid circulation and act as a venous decongestant and vasoconstrictor.

70 mins **£95**

### Illuminating & Refining Yellow Leg Masque Treatment

Created to illuminate, brighten, revive, and refine the appearance of the legs, while also working to improve circulation and skin complexion. The Yellow Leg Masque illuminates the skin, helps to alleviate venous decongestion, evens out the complexion and deeply hydrates the skin. Finishing with the Refining Glow Spray with V-Tonic Complex to aid circulation, acting as a venous decongestant and vasoconstrictor, and Argan Oil and Sweet Almond Oil, both rich in vitamins and essential fatty acids.

60 mins **£80**

## MASSAGES & DETOX BATHS

### Foot Massage

A luxurious treat, enjoy a stress relieving, foot pampering massage, guaranteed to refresh tired, overworked feet.

20 mins **£20** | 30 mins **£30**

### Foot Massage & Detox Bath with Exfoliation

A luxurious treat, enjoy a stress relieving, foot pampering massage, with a Detox Bath and exfoliation, which will deliver immediate relief to inflamed, aching, tired feet and ankles.

40 mins **£43** | 50 mins **£53**

### Detox Bath with Exfoliation

Add a Detox Bath to your treatment to add another layer of relaxation and deliver immediate relief to inflamed, aching, tired feet and ankles, finishing with an exfoliating scrub to leave your feet feeling soft and refreshed.

20 mins **£25**

### Body Massage

This bespoke massage treatment uses aromatherapy oils tailored to each individual's needs, drawing from both Eastern and Western Massage and Thermotherapy techniques to help balance the body, ease aching muscles, and clear the mind – focus points & pressure bespoke, to each appointment.

30 mins **£35** | 45 mins **£48** | 60 mins **£65** | 90 mins **£115**

### Hot Stone Massage

This massage relaxes and eases tense muscles and damaged soft tissues throughout your body.

30 mins **£50** | 60 mins **£105** | 90 mins **£140**

## BEAUTY TREATMENTS

Margaret Dabbs® London offers its customers the opportunity to experience a wide range of first-class generic beauty treatments under one roof. These are all performed in stylish private treatment rooms and include full body waxing, shaping, brow and lash tinting.

### Waxing

Eye/Brows	<b>£15</b>
Lip/Chin	<b>£10</b>
Full Face	<b>£30</b>
Under Arm	<b>£20</b>
Half Arm	<b>£20</b>
Full Arm	<b>£28</b>
Bikini	<b>£20</b>
Extended Bikini	<b>£25</b>
Brazilian	<b>£38</b>
Hollywood	<b>£48</b>
Half Leg	<b>£25</b>
Full Leg	<b>£35</b>
Chest	<b>£35</b>
Back	<b>£35</b>

### Waxing & Tinting

Eyebrow Wax & Tint*	<b>£25</b>
Lash & Brow Tint*	<b>£30</b>
Eyelash Tint*	<b>£22</b>
Eyebrow Tint*	<b>£15</b>
*Patch test is required 48 hours in advance.	
<b>Lash Lift*</b>	
45 min   <b>£54</b>	
<b>Brow Lamination*</b>	
35 mins   <b>£42</b>	
<b>Brow Lamination, Shape &amp; Tint*</b>	
65 mins   <b>£72</b>	
<b>Brow Lamination &amp; Lash Lift (Only)*</b>	
80 mins   <b>£96</b>	
<b>Brow Lamination, Lash Lift including Shape &amp; Tint*</b>	
125 mins   <b>£144</b>	
*Patch test is required 48 hours in advance.	

### CANCELLATION POLICY

We operate a 24 hour cancellation policy to re-arrange or cancel an appointment.

Scotland's only Margaret Dabbs® London Clinic can be found close to Grand Central Station and Glasgow's Bothwell Street, ideally located between the city's retail and financial districts. The clinic hosts 5 beautifully spacious, stylish private treatment rooms and is staffed by our expert, fully qualified HCPC registered Podiatrists. The clinic carries the latest equipment from which we deliver the ultimate in medically advanced foot treatments, including lower level laser therapy, nail fungal treatments, biomechanical assessments and bespoke orthotics along with the full selection of Margaret Dabbs® London products.

### OPENING HOURS

Monday to Saturday 9:00am – 6:00pm  
Sunday CLOSED

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