

FOOT CLINIC TREATMENTS

We've combined clinical excellence with an outstanding treatment experience to create a comprehensive range of advanced foot treatments focusing on all aspects of foot health for men and women of all ages. We are the pioneers of cosmetic podiatry with a firm grasp on the end result. Our fully qualified HCPC registered Podiatrists are equipped with state-of-the-art quality equipment and perform treatments in stylish, private treatment rooms.

Medical Pedicure

Performed by a HCPC registered podiatrist, this treatment includes a comprehensive consultation, diagnosis, and treatment - a complete overhaul addressing all aspects of foot health. It is performed on a dry foot ensuring long-lasting results and will leave you feeling like you're walking on air. A perfect foot treatment and diagnostic tool for advanced treatments, popular with both men and women.

45 mins **£85** | with Senior Podiatrist **£100** | with Principal Podiatrist **£130** | Toenail Polish to follow **£15**

Diabetic Medical Pedicure

Maintaining outstanding foot health is an essential part of living with diabetes. Our Diabetic Medical Pedicures are performed by our experienced HCPC registered Podiatrists who are expertly trained in caring for the diabetic foot. The treatment includes the use of specialist podiatry equipment which enables us to diagnose and provide preventative treatment for neurological and circulatory factors / conditions affecting the diabetic lower limb.

55 mins **£100** | with Senior Podiatrist **£115** | with Principal Podiatrist **£145**

Perfecting Pedicure with a Foot Health Specialist

An upgrade from a cosmetic pedicure, it is thorough, addresses the foot as a whole and is perfect for both men and women. The Perfecting Pedicure utilizes single use, fully sterilized surgical instruments and it is performed by a qualified Foot Health Specialist. It combines the thoroughness of the Medical Pedicure with the relaxation of the nail salon pedicure. The treatment includes a full foot overhaul, to include removal of hard skin and callus, shaping of toenails, a creamy foot scrub and a revitalizing foot massage.

55 mins **£65**

Biomechanical Assessment

A full foot and leg assessment carried out by the podiatrist using the latest evidence based scanning technology, highlighting pressure points and arch height. This assessment includes muscle, joint and range of movement and motion testing. This process leads to the production of custom-made orthotics to support the feet and aid gait related problems in the back, hips, knees, and ankles.

45 mins **£85** | with Senior Podiatrist **£100** | with Principal Podiatrist **£130** | with Biomechanical Specialist **£160** - Prescription Orthotics from **£440**

Laser Consultation with Instant Nail Pathology

The laser consultation is an in-depth discussion with a Foot Health Specialist / qualified podiatrist, skilled in understanding, diagnosing, and recommending your suitability for the laser treatment.

30 mins **£90** | with Senior Podiatrist **£110** | with Principal Podiatrist **£120**



Lower Level Laser Therapy

A quick, pain free treatment with long lasting benefits. Treatment for plantar fasciitis, ligament and joint pain, bunion inflammation, common foot pain and pre / post-surgery care.

Prices range from **£60** - **£125**

Laser Nail Fungal Treatment

Eradicate nail fungus with the Margaret Dabbs London Laser Nail Fungal Treatment, an exclusively designed laser to treat foot conditions.

Prices range from **£175** - **£300**

Ultrasound Diagnostic Therapy

Our ultrasound (US) diagnostic scans of the feet and ankles are used to support the physical biomechanical examinations we undertake with you.

Prices start from **£100** - 30 mins

Corticoid Steroid Injections

Corticosteroid injections are used to treat painful areas of the foot which lead to inflammation and swelling. Due to the complex structure of the foot and the way it works, it is very easy to agitate the smooth functioning of the foot.

Prices start from **£250** - 30 mins

Ingrown Toenail Surgery

Prices range from **£400** - **£800**

Bunion Prevention Therapy

45 mins **£85**

with Senior Podiatrist **£100**

with Principal Podiatrist **£130**

Verruca Treatment

20 mins **£60**

with Senior Podiatrist **£70**

with Principal Podiatrist **£80**

Laser treatment prices start from **£175** - **£250**

Dry Needling procedure prices start from **£280**

Medical Nail Reconstruction following Medical Pedicure

60 mins **£135**

with Senior Podiatrist **£150**

with Principal Podiatrist **£180**

NAIL SPA TREATMENTS

Let us keep you looking groomed and polished - whether it's a night out, a work event or day to day grooming - with our unique, expert anti-ageing manicures with treatment gloves, and our outstandingly effective beauty pedicures, our nail spa treatments are the best in the business.

Supreme Manicure with Treatment Gloves

Our unique, anti-ageing expert manicure treatment, giving long lasting results and deep hydration, with the indulgence of the full range of Margaret Dabbs London Fabulous Hands professionally formulated products. Performed on dry skin with expert techniques to medical standards of hygiene by utilizing sterilised, single-use tools created by Margaret Dabbs herself to provide optimum results for men and women alike.

50 mins **£55** | with Shellac **£60**

Supreme Pedicure

Our outstanding signature pedicure treatment, giving long lasting results, with the indulgence of the full range of Margaret Dabbs London Fabulous Feet professionally formulated products. Finishing with an exfoliation, reviving foot soak, and a revitalising, hydrating foot massage.

55 mins **£55** | with Shellac **£65**

Express Manicure 35 mins **£35** | with Shellac **£45**

Express Pedicure 40 mins **£45** | with Shellac **£55**

Shellac/Gel Removal 20 mins **£15** | free for returning clients

Male Manicure 25 mins **£25**

Male Pedicure 35 mins **£40**



COLLAGEN LIFT TREATMENTS

A non-invasive alternative to injectables, that uses radio frequency to penetrate the deeper layers of skin. This treatment stimulates the healthy production of new collagen, elastin, and hyaluronic acid. It is anti-ageing and can be performed on various areas of the body & face, acting on cellulite and reducing fatty deposits

Collagen Lift Facial 30 mins **£120**

Collagen Lift Eyes 15 mins **£80**

Collagen Lift Arms 20 mins **£100**

Collagen Lift Body (Large Area e.g. Tummy, Legs, Bottom) 35 mins **£150**

*Patch test is required 24 hours in advance.



SLIMMING LEG TREATMENTS

Relieving & Toning Black Leg Masque Treatment

This outstanding, time reactive Black Leg Masque Treatment is designed to relieve the feeling of heavy, uncomfortable legs. It works to help stimulate the circulation, as well as soothing, firming and cooling the skin. The products contain the key ingredients of Legance™ to help reduce water retention and refine the adipose tissue and V-Tonic Complex to aid circulation and act as a venous decongestant and vasoconstrictor.

70 mins **£95**

Illuminating & Refining Yellow Leg Masque Treatment

Created to illuminate, brighten, revive, and refine the appearance of the legs while also working to improve circulation and skin complexion. The Yellow Leg Masque illuminates the skin, helps to alleviate venous decongestion, evens out the complexion and deeply hydrates the skin. Finishing with the Refining Glow Spray with V-Tonic Complex to aid circulation, acting as a venous decongestant and vasoconstrictor, and Argan Oil and Sweet Almond Oil, both rich in vitamins and essential fatty acids.

60 mins **£80**

MASSAGES & DETOX BATHS

Foot Massage & Detox Bath with Exfoliation

A luxurious treat, enjoy a stress relieving, foot pampering massage, with an added Detox Bath, which will deliver immediate relief to inflamed, aching, tired feet and ankles.

40 mins **£43**

Foot Massage

A luxurious treat, enjoy a stress relieving, foot pampering massage, guaranteed to refresh overtired, overworked feet.

20 mins **£20** | 30 mins **£30**

Hot Stone Massage

This massage relaxes and eases tense muscles and damaged soft tissues throughout your body.

60 mins **£105** | 90 mins **£140**

Body Massage

This bespoke massage treatment uses aromatherapy oils tailored to everyone's needs, drawing from both Eastern and Western Massage and Thermotherapy techniques to help balance the body, ease aching muscles, and clear the mind – focus points & pressure bespoke to each appointment.

30 mins **£35** | 60 mins **£65** | 90 mins **£115**

Detox Bath with Exfoliation

Add a Detox Bath to your treatment to add another layer of relaxation and deliver immediate relief to inflamed, aching, tired feet and ankles, finishing with an exfoliating scrub to leave your feet feeling soft and refreshed.

20 mins **£25**

REFLEXOLOGY

Used to aid the body's natural healing process and help it to function more efficiently and effectively, reflexology can treat a wide range of conditions including tension, stress and anxiety, migraines, and insomnia.

Prices start from **£75**

*Subject to availability.

BEAUTY TREATMENTS

Margaret Dabbs London offers its customers the opportunity to experience a wide range of first-class beauty treatments under one roof. These are all performed in stylish private treatment rooms and include full body waxing, threading, and shaping, brow and lash tinting, and full body massages.

Waxing

Eyebrows	£20
Lip/Chin	£15
Full Face	£30
Under Arm	£20
Half Arm	£20
Full Arm	£30
Bikini	£20
Extended Bikini	£30
Brazilian	£45
Hollywood	£50
Half Leg	£30
Full Leg	£46
Chest	£40
Back	£40

Lash Lifting

60 mins **£50**

*Patch test is required 48 hours in advance.

Threading & Tinting

Eyebrows	£25
Upper Lip	£15
Lower Lip	£10
Chin	£20
Sides	£15
Cheeks	£15
Forehead	£15
Brow Shape and Upper Lip	£38
Brow Shape, Upper Lip and Chin	£48
Whole Face Including Brows	£75
Whole Face Excluding Brows	£60
Eyebrow Tint	£15
Eyelash Tint	£22
Lash and Brow Tint	£30
Brow Shape, Brow and Lash Tint	£60

CANCELLATION POLICY

We operate a 24 hour cancellation policy and require 24 hours notice to re-arrange or cancel an appointment.

Margaret Dabbs London is the leading Brand globally for medically effective feet and hand treatments and products, and the pioneers of cosmetic podiatry with a firm grasp on the end treatment result and representing an exciting step in the expansion of the Margaret Dabbs London brand, our fifth clinic and the first opened outside of London in the UK, was in the beautiful Spa Town of Cheltenham.

OPENING HOURS

Monday to Saturday **9:00am – 6:00pm**
Sunday **11:00am – 5:00pm**

T: **+44 (0)124 258 1906**

[E:cheltenham@margaretdabbs.co.uk](mailto:cheltenham@margaretdabbs.co.uk)

Margaret Dabbs™
LONDON

[f](#) @MargaretDabbsLondon

[i](#) @Margaret_Dabbs_London