

## ISHGA TREATMENTS

Margaret Dabbs London is delighted to introduce ishga organic seaweed skincare from Scotland to its Bothwell Street Clinic. ishga was developed in the Outer Hebrides using the highest quality and purest Scottish seaweed combined with water from a natural spring situated on the beautiful Hebridean Isle of Lewis.

### ishga Signature Massage

Selection of exclusive oils used during treatment tailored to clients needs. The treatment is designed to be invigorating but equally relaxing with a focus on removing tension to re-energise the body.  
25 mins | £40.00    55 mins | £79.00

### ishga Hot Stones Massage

A full body massage incorporating heated basalt stones which instantly relax the muscles and ease tension.  
55 mins | £75.00

### ishga Pre Natal Massage

Blissful experience for both mum and baby that uses gentle massage techniques to promote deep well-being. Herbal extracts of lavender, chamomile and rose oil.  
55 mins | £70.00

### ishga Anti-ageing Facial

A rejuvenating facial designed to revitalise and repair. This treatment will cleanse, tone and moisturise the skin leaving it revitalised and hydrated. Suitable for all skin types.  
55 mins | £75.00

### ishga Express Facial

Cleanses, tones and moisturises for individual skin needs. Includes an exfoliating mask and scalp massage to complete the experience.  
25 mins | £40.00

### ishga Men's Bespoke Facial

Your therapist will select the most suitable products from the ishga range to tailor a personalised bespoke facial. This treatment will cleanse, tone and moisturise the skin leaving it revitalised and hydrated.  
55 mins | £75.00

## REFLEXOLOGY

Used to aid the body's natural healing process and help it to function more efficiently and effectively, reflexology can treat a wide range of conditions including tension, stress and anxiety, migraines and insomnia.  
50 mins | £60.00

## DETOX FOOT BATHS

The perfect way to rid toxins from the body and sole. Designed to stimulate the senses our 15 minute foot bath allows you to relax and enjoy this refreshing sole stimulation.  
15 mins | £15.00

## FOOT MASSAGES

A quick treat, enjoy a stress-free foot pampering massage, guaranteed to relieve and refresh overtired, overworked feet.  
20 mins | £20.00    20 mins | £40.00 with oxygen therapy

# Margaret Dabbs

LONDON

Taking medical expertise for the hands, feet and legs to the beauty arena worldwide. Leaders in Medical Pedicures and Manicures and providing an unrivalled experience for effective, long lasting anti-ageing treatments for the hands, feet and legs.  
Clinics throughout the UK, Dubai and Qatar.



## OPENING HOURS

Monday, Tuesday, Wednesday & Friday	9.00am – 6.00pm
Thursday	9.00am – 8.00pm
Saturday	9.00am – 4.30pm

## CANCELLATION POLICY

We operate a 24 hour cancellation policy and require 24 hours notice for re-arrangement or cancellations of an appointment.

### Margaret Dabbs London Foot Clinic & Nail Spa

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 Margaret Dabbs London

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# Margaret Dabbs

LONDON

FABULOUS HANDS & FEET

TREATMENT MENU

## FOOT CLINIC TREATMENTS

All our foot clinic treatments are carried out by specialist trained and qualified podiatrists. Offering a full range of treatments focusing on all aspects of foot health.

### Margaret Dabbs London Medical Pedicure

Our famous treatment is globally renowned for creating the perfect sole. It is carried out by a qualified podiatrist, giving feet a complete overhaul and addresses all aspects of foot health. The pedicure is performed on a dry foot to ensure exceptionally long lasting results and uses the award winning Margaret Dabbs London product range. A perfect pedicure and diagnostic tool for advanced treatments, popular with both men and women. 45 mins | £80.00 | with Director / Principal Podiatrist | £125.00  
Toe Nail Polish to follow | £15.00

### Margaret Dabbs London Ultimate Luxury Foot Therapy

This luxury, expert pedicure provides the same core treatment as the Margaret Dabbs London Medical Pedicure but utilises the full product range finishing with exfoliation, a foot bath and includes a luxury foot and lower leg massage with oxygen therapy - perfect to help relieve stress and rejuvenate the body. 70 mins | £125.00 | with Director / Principal Podiatrist | £165.00  
Toe Nail Polish to follow | £15.00

### Diabetic Medical Pedicure

60 mins | £120.00

### Prescription Orthotics

A full foot and leg assessment using the latest evidence based 3D scanning technology, highlighting pressure points and arch height. This assessment includes muscle, joint and range of movement and motion testing. This process leads to the production of custom-made orthotics to support the feet and aid gait related problems in the back, hips, knees and ankles. Biomechanical Assessment 30 mins | £80.00 | With Director / Principal Podiatrist | £125.00 | Prescription Orthotics from £400.00

### Margaret Dabbs London Nail Laser Therapy

Eradicate nail fungus and stubborn plantar warts with the Margaret Dabbs London Laser Nail Fungal Treatment, an exclusively designed laser to treat foot conditions.

Prices start from £175.00 - £250.00

### Laser Consultation with Fungal Studies

30 mins | £80.00 | with Director / Principal Podiatrist | £93.00

### Medical Pedicure with Fungal Studies

60 mins | £125.00 | with Director / Principal Podiatrist | £170.00

### Silver Nitrate Treatment

A single caustic application for verrucae and infected skin. One application of Silver Nitrate results in a protective antibacterial and antiviral layer, preventing cross contamination. 20 mins | £48.00

### Lower Laser Therapy

Treatment for plantar fasciitis, bunion inflammation and pain, ligament and joint pain, common foot pain and pre and post-surgery care. A quick and pain free treatment with long lasting benefits.

Prices start from £60.00

### Foot Manipulation & Mobilisation

20 mins | £48.00 | with Director / Principal Podiatrist | £60.00

### Medical Nail Reconstruction

20 mins | £50.00 per nail

### Foot Acupuncture

Foot acupuncture is a quick, safe and effective way of relieving foot and joint pain, as well as being an alternative holistic treatment for verrucae.

15 mins | £40.00

## ANTI AGEING HAND TREATMENTS

### Face Lift for the Hands

The Laser Rejuvenating Hand Treatment has been clinically proven to stimulate and regrow new healthy skin cells from the hypodermis which will tighten and illuminate the skin, visibly minimise the effects of ageing and successfully regenerate lost collagen. This is recommended for anyone who is concerned about the appearance of ageing hands, loss of skin volume and elasticity, uneven skin tone and wrinkles or thin skin.

Patch Test 30 mins | £50.00\*

50 mins | £150.00 | Course of 6 treatments with Home Care Kit | £850.00

\*A patch test will be performed at the time of consultation and is refundable against the total cost of the Laser Hand Course.

## FABULOUS LEGS TREATMENTS

Leg Therapies by Margaret Dabbs London have medical and beauty benefits and contain key ingredients of Legance™ and V-Tonic complex focusing on venous de-congestion and foot and lower leg swelling whilst at the same time transforming legs leaving them feeling smooth, visibly more slender, silky and light.

### Illuminating and Refining Yellow Leg Masque Treatment - For Red Carpet

Ready Legs This luxurious and results-driven leg treatment refreshes and lightens the legs whilst also improving circulation and skin elasticity. This treatment leaves your legs looking visibly silky, slender and illuminated with firmness and tone improved.

60 mins | £70.00

### Relieving and Toning Black Leg Masque Treatment - To Revive Heavy Legs

This outstanding Black Leg Masque Leg Treatment is designed to relieve the feeling of heavy legs. It works to help stimulate the circulation, as well as soothing, firming and cooling the skin and lightening the legs. This fabulous treatment leaves your legs feeling lighter, sleeker and slender.

70 mins | £80.00

## NAIL SPA TREATMENTS

We can keep you looking groomed and polished. Expert manicures and pedicures for fabulous hands and feet, for him and for her. Performed by our professionally trained Margaret Dabbs London nail technicians.

### Margaret Dabbs London Supreme Pedicure

Our outstanding expert pedicure treatment. Giving long lasting results, with the indulgence of the full range of Margaret Dabbs London Fabulous Feet products and finishing with an exfoliation, foot bath, and a wonderful revitalising and hydrating foot massage finished with polish. Pure transformation with really effective results.

55 mins | £60.00

### Margaret Dabbs London Express Pedicure

40 mins | £45.00

### Margaret Dabbs London Supreme Manicure

Our outstanding anti-ageing expert manicure treatment. Giving exceptional results, with the indulgence of the full range of Margaret Dabbs London Fabulous Hands products and finishing with a wonderful creamy scrub, anti-ageing hand serum and a hand and lower arm massage finished with polish. Simply the best manicure you can find.

50 mins | £45.00

With Shellac and Treatment Gloves 50 mins | £48.00

### Margaret Dabbs London Express Manicure

30 mins | £30.00

With Shellac and Protective Gloves 30 mins | £35.00

### Shellac/Gel Removal

Shellac Removal | £10.00

Other gel removal | £15.00

### Male Manicure

20 mins | £20.00

### Male Pedicure

30 mins | £40.00

### Oxygen Therapy - Rejuvenate, Replenish and Calm

Oxygen therapy offers the perfect solution to maintaining health, wellbeing and equilibrium and is perfect for relieving stress and relaxing for those who find it difficult to switch off and unwind. Enjoy alongside any of our Margaret Dabbs London Manicure and Pedicure treatments.

20 mins | £20.00

## BEAUTY TREATMENTS

### THREADING

Lip 10 mins   £12.00	Eyebrows 15 mins   £15.00	Eyebrows & Lip 25 mins   £24.00
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Chin 10 mins   £15.00	Eyebrows, Lip & Chin 30 mins   £35.00	Face Thread 30 mins   £35.00
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### TINTING

Eyebrow Tint 20 mins   £15.00	Eyelash Tint 20 mins   £15.00	Eyebrow & Eyelash Tint 30 mins   £25.00
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### WAXING

Bikini Wax 15 mins   £20.00	Lip/Chin Wax 15 mins   £15.00	Back Wax 30 mins   £35
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Extended Bikini Wax 30 mins   £25	Half Leg Wax 30 mins   £25	Under Arm Wax 15 mins   £15
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Brazilian Wax 45 mins   £38	Full Leg Wax 45 mins   £35	Half Arm Wax 20 mins   £20.00
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Hollywood Wax 45 mins   £38	Chest Wax 30 mins   £35	Full Arm Wax 30 mins   £28
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### Eyebrow Wax

15 mins | £15