

BEAUTY TREATMENTS

FACIALS - Bespoke Facial

Bespoke to each client, a tailored facial treatment to harmonise and balance your skin and address the key underlying concerns of the skin.

60 mins | £80.00 90 mins | £120.00

Add on's - 30 mins

- AHA Resurfacing Booster
- Age Support Eye Lift

30 mins | £45.00

BODY / MASSAGE

This bespoke massage treatment uses aroma oils to suit your needs, drawing from both Eastern and Western massage and thermotherapy techniques to help balance the body, ease aching muscles and clear the mind. Tailored to meet your needs.

45 mins | £48.00 60 mins | £65.00 90 mins | £98.00

Add on's - 30 mins

- Acupressure Scalp Massage
- Back Neck and Shoulder Massage
- Moisture Replenish Hydrating Body Wrap

30 mins | £45.00

Pre Natal Well-Being Massage

Using an infusion of Mandarin, Rose and Lavender Flower, our pre-natal massage is a must for any mother-to-be.

60 mins | £65.00

WAXING; TINTING; THREADING

Ask at reception for more details and prices.

DETOX FOOT BATHS

The perfect way to rid toxins from the body and sole. Designed to stimulate the senses our 15 minute foot bath allows you to relax and enjoy this refreshing sole stimulation.

15 mins | £15.00

FOOT MASSAGES

A quick treat, enjoy a stress-free foot pampering massage, guaranteed to relieve and refresh overtired, overworked feet.

20 mins | £20.00 20 mins | £40.00 with oxygen therapy

REFLEXOLOGY

Used to aid the body's natural healing process and help it to function more efficiently and effectively, reflexology can treat a wide range of conditions including tension, stress and anxiety, migraines and insomnia.

50 mins | £70.00

Margaret Dabbs

LONDON

Margaret Dabbs London is a globally recognised brand specialising in credible, results driven feet and hand products and treatments for both men and women.

Leaders in Medical Pedicures and Manicures and providing an unrivalled experience for effective, long lasting anti-ageing treatments for the hands and feet.



OPENING HOURS

Monday – Saturday	9.00am – 6.30pm
Sunday	11.00am – 5.00pm

CANCELLATION POLICY

We operate a 24 hour cancellation policy and require 24 hours notice to re-arrange or cancel an appointment.

Margaret Dabbs London Foot Clinic & Nail Spa

1 Queens Circus, Montpellier,
Cheltenham, GL50 1RX

+44 (0)1242 581906 / +44 (0)20 7486 4275

cheltenham@margaretdabbs.co.uk

www.margaretdabbs.co.uk

 @MargaretDabbsLondon

 @MargaretDabbsUK

 @Margaret_Dabbs_London

Margaret Dabbs

LONDON

FABULOUS HANDS & FEET

TREATMENT MENU

FOOT CLINIC TREATMENTS

All our foot clinic treatments are carried out by specialist trained and qualified podiatrists. Offering a full range of treatments focusing on all aspects of foot health. Margaret Dabbs is the authority on feet and the pioneer of the medical pedicure with clinics throughout the UK, Dubai and Qatar with a global reputation for excellence.

Margaret Dabbs London Ultimate Luxury Foot Therapy

This luxury, expert pedicure provides the same core treatment as the Margaret Dabbs London Medical Pedicure but utilises the full product range finishing with exfoliation, a foot bath and includes a luxury foot and lower leg massage with oxygen therapy - perfect to help relieve stress and rejuvenate the body.
70 mins | £135.00 | with Director / Principal Podiatrist | £175.00

Margaret Dabbs London Medical Pedicure

Our famous treatment is globally renowned for creating the perfect sole. It is carried out by a qualified podiatrist, giving feet a complete overhaul and addresses all aspects of foot health. The pedicure is performed on a dry foot to ensure exceptionally long lasting results and uses the award winning Margaret Dabbs London product range. A perfect pedicure and diagnostic tool for advanced treatments, popular with both men and women.
45 mins | £80.00 | with Director / Principal Podiatrist | £125.00

Diabetic Medical Pedicure

60 mins | £120.00

Margaret Dabbs London Laser Therapy

Eradicate nail fungus and stubborn plantar warts with the Margaret Dabbs London Laser Nail Fungal Treatment, an exclusively designed laser to treat foot conditions.
Prices start from £175.00 - £250.00

Laser Consultation with Fungal Studies

30 mins | £80.00 | with Director / Principal Podiatrist | £93.00

Medical Pedicure with Fungal Studies

60 mins | £125.00 | with Director / Principal Podiatrist | £170.00

Lower Laser Therapy

Treatment for plantar fasciitis, ligament and joint pain, common foot pain and pre and post-surgery care. Quick and effective, giving outstanding long term results.
Prices start from £60.00

Foot Manipulation & Mobilisation

20 mins | £48.00 | with Director / Principal Podiatrist | £60.00

Medical Nail Reconstruction

20 mins | £50.00 per nail

Prescription Orthotics

Biomechanical Assessment 30 mins | £80.00

With Director / Principal Podiatrist | £125.00

Prescription Orthotics from £400.00

Foot Acupuncture

Foot acupuncture is a quick, safe and effective way of relieving foot and joint pain, as well as being an alternative holistic treatment for verrucae. Sterilised acupuncture needles are used and manipulated in the various pressure points found in the foot to aid recovery and provide relief.

15 mins | £40.00

Foot Acupuncture & Oxygen Therapy

15 mins | £48.00

ANTI AGEING HAND TREATMENTS

Laser Rejuvenating Hand Lift

The Laser Rejuvenating Hand Treatment has been clinically proven to stimulate and regrow new healthy skin cells from the hypodermis which will tighten and illuminate the skin, visibly minimise the effects of ageing and successfully regenerate lost collagen. This is recommended for anyone who is concerned about the appearance of ageing hands, have loss of skin volume and elasticity, uneven skin tone, wrinkles or thin skin.

Patch Test 30 mins | £50.00*

50 mins | £150.00 | Course of 6 treatments | £750.00 (saving £150.00)

Home Care Kit | £100.00

*A patch test will be performed at the time of consultation and is refundable against the total cost of the Laser Hand Course.

FABULOUS LEGS TREATMENTS

Leg Therapies by Margaret Dabbs London have medical and beauty benefits and contain key ingredients of Legance™ and V-Tonic complex focusing on venous de-congestion and foot and lower leg swelling whilst at the same time transforming legs leaving them feeling smooth, visibly more slender, silky and light.

Illuminating and Refining Yellow Leg Masque Treatment

This luxurious and results-driven leg treatment refreshes and lightens the legs whilst also improving circulation and skin elasticity. This treatment leaves your legs looking visibly silky, slender and illuminated with firmness and tone improved.

60 mins | £70.00

Relieving and Toning Black Leg Masque Treatment

This outstanding Black Leg Masque Leg Treatment is designed to relieve the feeling of heavy legs. It works to help stimulate the circulation, as well as soothing, firming and cooling the skin and lightening the legs. This fabulous treatment leaves your legs feeling lighter, sleeker and slender.

70 mins | £80.00

NAIL SPA TREATMENTS

We can keep you looking groomed and polished. Expert manicures and pedicures for fabulous hands and feet, for him and for her. Performed by professionally trained Margaret Dabbs London nail technicians.

Margaret Dabbs London Supreme Manicure

Our outstanding anti-ageing expert manicure treatment. Giving exceptional results, with the indulgence of the full range of Margaret Dabbs London Fabulous Hands products and finishing with a wonderful creamy scrub, anti-ageing hand serum and a hand and lower arm massage finished with polish. Simply the best manicure you can find.

50 mins | £45.00

With Shellac and Treatment Gloves 50 mins | £48.00

Total Manicure

35 mins | £30.00

With Shellac and Protective Gloves 30 mins | £35.00

Shellac/Gel Removal

Shellac Removal | £10.00

Other gel removal | £15.00

Male Manicure

20 mins | £20.00

Margaret Dabbs Supreme Pedicure

Our outstanding expert pedicure treatment. Giving long lasting results, with the indulgence of the full range of Margaret Dabbs Fabulous Feet products and finishing with an exfoliation, foot bath and a wonderful revitalising and hydrating foot massage. Pure transformation with really effective results.

55 mins | £60.00

Total Pedicure

40 mins | £45.00

Podiatry Referral Polish Only

20 mins | £15.00

Male Pedicure

30 mins | £40.00

Oxygen Therapy - Rejuvenate, Replenish and Calm

In a world where we are very limited to inhaling pure oxygen from natural sources, oxygen therapy offers the perfect solution to maintaining health, wellbeing and equilibrium. Oxygen is perfect for relieving stress and relaxing those who find it difficult to switch off and unwind. Enjoy alongside any of our Margaret Dabbs London Manicure and Pedicure treatments.

20 mins | £20.00