

## FABULOUS LEG TREATMENTS

The Ultimate Luxury Leg Therapy treatments and products have both medical and beauty benefits by being focused both on venous de-congestion and foot and lower leg swelling whilst also transforming legs leaving them feeling smooth, slender, silky and light.

### Illuminating and Refining Leg Treatment

This luxurious and results-driven leg treatment refreshes and lightens the legs whilst also improving circulation and skin elasticity. This treatment leaves your legs looking visibly silky, slender and illuminated.

### Soothing and Toning Leg Treatment

This outstanding Black Leg Masque Leg Treatment is designed to relieve the feeling of heavy legs. It works to help stimulate the circulation, as well as soothing, firming and cooling the skin and lightening the legs. This fabulous treatment leaves your legs feeling lighter, sleeker and slender.

60mins / 450 QAR

## PERFECT WEDDING FEET

The perfect gift for all brides to be. We will put together a course of weekly treatments during the lead up to your wedding day making sure your feet and hands are in tip-top condition. Please ask at reception for further details.

## CANCELLATION POLICY

We operate a 24 hour cancellation policy and require 24 hours notice to re-arrange or cancel an appointment.

# Margaret Dabbs

LONDON

FABULOUS HANDS & FEET

## Margaret Dabbs

LONDON

Margaret Dabbs London is a globally recognized brand specialising in credible, results driven feet and hand products and treatments. Leaders in expert Manicures and Pedicures and providing an unrivalled experience for effective, long lasting anti-ageing treatments for the hands and feet.

### Opening Hours

Saturday - Thursday: 10am - 10pm

Friday: 2pm - 10pm

**Margaret Dabbs London**  
**Foot Clinic & Nail Spa**

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TREATMENT MENU

## FOOT CLINIC TREATMENTS

All our foot clinic treatments are carried out by specialist trained and qualified staff, offering a full range of treatments focusing on all aspects on foot health. Margaret Dabbs is the authority on feet and the pioneer of the professional pedicure with clinics throughout the UK and the Middle East with a global reputation for excellence.

The Margaret Dabbs professional pedicures are a complete transformation of the feet performed by a qualified foot specialist, yielding long lasting results and leaving you as though you are walking on air.

### Margaret Dabbs Ultimate Luxury Foot Therapy

This ultimate luxury professional pedicure offers a foot transformation. The very best of our foot products work to bathe, exfoliate and hydrate the skin of the feet. A luxury foot and lower leg massage is performed with oxygen therapy - perfect to transform the feet, relieve stress and rejuvenate the entire body leaving you feeling like you are walking on air. 75 mins | 785 QAR  
with Director / Principal Podiatrist | 825 QAR

### Margaret Dabbs Professional Pedicure

Our signature treatment is globally renowned for its effectiveness. It is carried out by a qualified foot specialist, giving feet a complete overhaul and addressing all aspects of foot health. The pedicure is performed on a dry foot to ensure exceptionally long lasting results and uses the award winning Margaret Dabbs London product range. A perfect pedicure and diagnostic tool for advanced treatments. This foot transformation leaves your feet not only looking completely different but feeling it too. 45 mins | 465 QAR  
with Director / Principal Podiatrist | 510 QAR

### Diabetic Pedicure

60 mins | 570 QAR

### Laser Therapy

Eradicate nail fungus and stubborn plantar warts with the Margaret Dabbs London Laser Nail Fungal Treatment, an exclusively designed laser to treat foot conditions. Prices start from 830 - 1185 QAR

### Laser Consultation with Fungal Studies

30 mins | 400 QAR

### Professional Pedicure with Fungal Studies

60 mins | from 575 QAR

### Lower Laser Therapy

This quick and pain free treatment has long lasting benefits to reduce inflammation and pain and to repair tissue perfect for foot conditions which until now seemed impossible to treat. Suitable conditions for treatment include plantar fasciitis, bunions and tendonitis.

Prices start from 285 QAR

### Foot Manipulation & Mobilisation

20 mins | 230 QAR

### Prescription Orthotics

A full foot and leg assessment carried out by the foot specialist using the latest evidence based 3D scanning technology, highlighting pressure points and arch height. This assessment includes muscle, joint and range of movement and motion testing. This process leads to the production of custom-made orthotics to support the feet and aid gait related problems in the back, hips, knees and ankles.

Biomechanical Assessment 30 mins | 465 QAR

Prescription Orthotics from 2500 QAR

### Foot Acupuncture

Acupuncture is a method of encouraging the body to promote natural healing and to improve functioning. Foot acupuncture is a quick, safe and effective way of relieving foot and joint pain, as well as being an alternative holistic treatment for verrucae.

15 mins | 190 QAR

### Foot Acupuncture & Oxygen Therapy

15 mins | 230 QAR

### Salt Therapy

Our Halo Therapy room is the perfect place to help alleviate everyday stresses and strains. Halo Therapy room is a space designed for power naps and pure relaxation, as well as benefiting those who suffer from respiratory and allergy conditions. It helps to detox the respiratory system from the effects of everyday pollutants faced by city dwellers. Used by ancient Greeks and popular in Europe, Halo Therapy is a safe, natural and straightforward well-being therapy that uses tiny negative ionized salt particles to unblock the respiratory system, resulting in easier, clearer breathing. We would recommend a course of 5-10 treatments to experience the full benefits that this natural holistic treatment can provide.

## NAIL SPA TREATMENTS

We can keep you looking groomed and polished. Expert manicures and pedicures for fabulous hands and feet, for him and for her. Performed by professionally trained Margaret Dabbs London nail technicians; whether it's a party night out, a work event or day to day grooming, our manicures and pedicures are the best in the business.

### Margaret Dabbs Supreme Pedicure

Our outstanding signature pedicure treatment. Giving long lasting results, with the indulgence of the full range of Margaret Dabbs Fabulous Feet products and finishing with exfoliation, a foot bath and a wonderful revitalising and hydrating foot massage. Pure transformation with really effective results. 55 mins | 285 QAR

### Margaret Dabbs Supreme Manicure

Our outstanding anti-ageing signature manicure treatment. Giving exceptional results, with the indulgence of the full range of Margaret Dabbs Fabulous Hands products and finishing with a wonderful creamy scrub, anti-ageing hand serum and a hand and lower arm massage. Simply the best manicure you can find. 50 mins | 235 QAR

### Margaret Dabbs Total Pedicure

40 mins | 215 QAR

### Margaret Dabbs Total Manicure

35 mins | 165 QAR

### Podiatry Referral Polish Only

20 mins | 70 QAR

## FOOT DETOX TREATMENT

The perfect way to rid toxins from the body and sole. Designed to stimulate the senses our 15 minute foot bath allows you to relax and enjoy this refreshing sole stimulation, followed by a stress-free foot pampering massage, guaranteed to relieve and refresh over tired, over worked feet. 35 mins | 190 QAR  
with oxygen 285 QAR